

Time	Activity	Where	Detail
10:00am	Arrive	Main Car park	Main Car park and walk to parachute / fire/ refreshment break
10:10am	Briefing with Tim	Camp fire	Boundaries and considerations - Get our hands dirty
10:15am	Session 1		
Move to next activity			
11:20am	Morning break and questions	Camp fire	Hot chocolate, Tea and cookies around the campfire and some questions to ponder and talk through.
Move to next activity			
11:40am	Session 2		
Move to next activity			
12:45pm	Lunch - Big Question	Camp fire - Pupils also bring their own packed lunch.	Soup, flat bread and 'taster' foraged salad - all sourced and cooked by the pupils, eating together and conversations.
Move to next activity			
1:20pm	Session 3		
2:20pm	Final thoughts - Big Questions and what next?		Camp fire / refreshment break before leaving.
2:30pm	Depart		

Session break down

Group	Session 1	Session 2	Session 3
A	Foraging - Food from here	Flat bread making in bakery	Soil Survey, composting and healthy soil
B	Soil Survey - heathy soil = healthy food & Humans	Foraging - Food from here	Pickling food in bakery
C	Digging and preparing vegetables for soup	Soil Survey - heathy soil = healthy food & Humans	Foraging and thoughts on buying food

Sustainability cycle:

Group	Session 1	Session 2	Session 3
A	Soil to Table: Receiving the land as gift not a given.		Table to soil: Nothing is wasted & giving back to the land